



Procedures for CLUB MEMBERS Issue 7



17th May 2021

Introduction

With the move to Step 3 out of lockdown, we are very pleased to be able to reopen most of the Club's facilities. Unfortunately there still need to be a number of differences from "normal". To enable us to **maintain our "COVID-19 Secure" status**, please read this procedure before you come to the club. It has been updated to account for Step 3 introduced from 17th May 2021.

The changing rooms and showers will be open (for essential use), so instead of the one-way system through the fire exits, please enter and leave the clubhouse through the front door. The Bar and Galley can also reopen.

Government advice on social distancing has changed to: *"If you are meeting friends and family, you can make a personal choice on whether to keep your distance from them, but you should still be cautious. COVID-19 spreads mainly among people who are in close contact (within 2 metres). The further away you can keep from other people, and the less time you spend in close contact with them, the less likely you are to catch COVID-19 and pass it on to others. Close contact, including hugging, increases the risk of spreading COVID-19."*

Your details must be registered by signing in on the club website before coming to the club. We also have a QR code for the NHS App if you wish to use this as well.

Your Health

- Please follow the government's guidelines:
 - if either you, or another member of your household or support bubble, is unwell with the symptoms of COVID-19, don't come to the Club during the quarantine period.
 - use the free home testing kits *"particularly before meeting people from outside your household"*.
 - wash your hands regularly, avoid face to face contact and try to keep 2m separation.
 - meet people outside; if meeting indoors ensure good ventilation.
- First Aid kit and defibrillator at the Club can be used – please see notice on precautions.

Clubhouse and Grounds

- Be aware that the gates and padlocks may be contaminated and use your own hand sanitizer before and after opening.
- With the changing rooms available to use, the one-way system has been removed:
 - Enter through the main Clubhouse entrance and sanitize your hands.
 - Exit through the main Clubhouse entrance and sanitize your hands.
 - Please give way to people leaving the changing rooms or Clubhouse.
- Be aware that surfaces may be contaminated – please use your own hand sanitizer.
- The Club Hire Store under the Race Box will be closed – please bring your own sailing kit. If you need to borrow buoyancy aids / items of clothing, please contact info@shsc.org.uk to arrange hire.
- Spectators are permitted in the club grounds (maximum of 30 in a group).



Staunton Harold Sailing Club
Calke Road, Melbourne, Derbyshire DE73 8DL
what3words: "forehand.steer.mainland"
Tel: 07765 749 772 www.shsc.org.uk





Changing Rooms & Showers

- Government advice is: *"Changing rooms are an area of increased transmission risk, so members should shower and change at home where possible, and, if they do need to use changing rooms, they should minimise time spent inside"*.
- We have set out the changing rooms with stations for 10 people (gents) or 7 (ladies). There are numbered tallies outside for you to take straight to your station. If there are no tallies, then please wait until someone leaves.
- Do not leave your kit in the changing rooms.
- Showers will be available (2 in the gents; 4 in the ladies), but be aware of the risk of contamination.

Galley

- Galley will be open on Sundays.
- Please keep 2m apart when queuing.
- Please wear a face covering when you are queuing and walking to and from your seat.
- There is limited seating indoors (up to six people per table).

Bar

- The bar will be open for Wednesday evenings and Sundays.
- All drinks and snacks must be ordered, served and consumed at a table. Please enter and find a seat; the bar person will take your order and serve you at your table.
- Please wear a face covering when you are walking to and from your seat.

Preparation, Launching & Recovery

- Sign on electronically at <https://shsc.org.uk/sign-on/> – go to the calendar for the day.
- Try and maintain 2m distance from people not from your household or support bubble.
- If you need help recovering your boat – ask them to push from the stern to maintain 2m.
- Details of the course and start times will be on the white boards under the race box.
- The OOD may choose to start races from the race box or the Committee Boat.

On the Water

- We will only go on the water with 15 knots or less average wind-speed (20kts wind-surfing).
- For Open Meetings, this wind-speed limit will be waived and a team nominated by the Committee will decide whether it is acceptable to race based on the forecast and conditions on the day.
- Stay within your capabilities, and consider using mast-head floats and righting lines.
- Try and maintain 2m distance from people not from your household or support bubble.
- Sailors in double-handers may be from different households, provided they accept and mitigate the increased risk – please see the RYA document "RYA Guidance on sailing & racing with participants from different households during COVID-19 in England". We will ask both helm and crew to complete a self-declaration form at the club acknowledging that you have read the RYA guidance, will mitigate in accordance with it and both accept the additional risk. Once you have both signed this, then you just need to tick the box on the electronic form to state that you have already done so each time you sign-in to go sailing.



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- We will have RIBs on the water for safety cover – if you need help, they will try and do this whilst maintaining a 2m distance, but they will bring people into the boat if this is essential.

Officer of the Day

- The OOD will be responsible for safety.
- Please follow any instructions the OOD or Safety Crew give you, as they may need to clear the water, or close the club, if circumstances change.
- Remember they are volunteers and are trying to keep everyone safe!

In spite of the restrictions, WE HOPE YOU ENJOY YOUR SAILING!



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