

St Mary's Loch Sailing Club Yarrow Valley By Selkirk Scotland, TD7 5LH

ICLA/Laser and Streaker event - St Mary's Loch Sailing Club

A fun weekend of training and racing is planned for the weekend of 29/30 May in the heart of the glorious Scottish Borders.

Saturday 29th May from 1030am: There will be open training for ICLA/Laser competitors, supported by UKLA Coaches. Further details of the Training Day can be found on the UKLA event website.

Sunday 30th May: StMLSC will host an open regatta for both ICLA/Lasers and Streaker classes.

ICLA event sponsered by Ovington, Sailingfast and Noble Marine Insurance, with support from:



30th May 2021: Laser (ILCA) Super Grand Prix and Streaker Open Meeting

Classes: Laser Full (ILCA 7), Radial (ILCA 6) and 4.7 Rig (ILCA 4); Streaker

Briefing: 11:00

First gun: 11:55

Format: 3 races back-to-back

Entry Fee: £15; Under 18 £10 (+£1 Contribution to Traveller Circuit)

Pre Entry: https://webcollect.org.uk/stmlsc/event/laser-ilca-super-grand-prix-and-streaker-

race-training

NB: To assist with COVID planning, pre-entry is compulsory. Please enter by Wednesday 26th May 2021.

Camping is free for the weekend. There is plenty of ground and showers/wc's will be available.

Catering arrangements will be as follows:

- StMLSC will provide a BBQ on Saturday night comprising burger, salad, soft drink and ice cream. The cost will be £5. Please pre-book so we can cater appropriately.
- Ideally this will be served outside. If the weather is inclement then the clubhouse will be set up to be Covid compliant. This may mean restricted dining or 2 serving sessions. Please bear with the catering staff if this proves to be the case.

- Tea and coffee facilities will be available outside the clubhouse in a covered area for the duration of the weekend. This will run on a donation basis.
- There will be a tuck shop run before the briefing and following the day's sailing.
- Bacon, sausage or egg rolls will be served from the clubhouse on Sunday morning. £2 per roll
- Otherwise, minimal catering will be provided throughout the weekend. There will be no access
 to the galley facilities, a "Bring Your Own" barbecue will be available on the Friday night (BBQ's
 provided), Please bring a bottle (or two!) and enough food for breakfast and lunch.

29th May 2021: Laser (ILCA) Super Grand Prix

As part of the Laser Super Grand Prix series, race training will be run at the club on Saturday 29th May 2021. Details are as follows:

Classes: Laser Full (ILCA 7), Radial (ILCA 6) and 4.7 Rig (ILCA 4)

Briefing: 10.30

Format: Morning session/afternoon session

Entry Fee: £15; Under 18 £10

Instruction: The club has booked 2 external coaches and is hoping to secure a 3rd. Attendees will

be split into groups during the briefing and coaching tailored to ability.

Numbers: StMLSC reserves the right to restrict boat numbers to 50

Pre-entry for the training is required at: https://webcollect.org.uk/stmlsc/event/laser-super-grand-prix (please ensure entry by Wednesday 26th May 2021)

RYA Risk Statement

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of the risk involved in the sport and accept responsibility for the exposure of themselves, their crew, their boat and their other property whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property, afloat or ashore:
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizers does not relieve them of their own responsibilities;

The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

The club entrance is beyond "Tibbie Shiels Inn". Please drive slowly. Please leave gate as you find it and keep to the 5mph speed limit through the sailing club grounds.